

## What clients are saying:

“ I saw one of Constellation Health’s television appearances, and I remember it was as if they were answering all the questions I’ve had concerning my parents. I called the number and immediately I began to feel a sense of relief. ”

- Mary D.

“ Our Geriatric Care Manager stopped by my dad’s assisted living just to say hello and see how he was doing, and even brought a book by his favorite author. She’s always been a professional, now it’s as if she’s family. ”

- Alice C.



## Constellation Health Services family of companies, includes:

**Constellation Home Care LLC**  
Behavioral Health Services  
Cardiac Recovery Program

**Constellation Private Duty LLC**  
Geriatric Care Management  
Memory Wellness Program  
Certified Care Assistants & Live-Ins  
Homemakers & Companions

**Constellation School-Based Therapy LLC**

**Serving Fairfield and  
New Haven Counties**

Referrals Accepted  
24 hours per day / 7 days per week



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Services**



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## GERIATRIC CARE MANAGEMENT

### Planning for a Better Life

#### What is a Geriatric Care Manager (GCM)?

According to the National Association of Geriatric Care Managers, “a professional Geriatric Care Manager (GCM) is a health and human services specialist who helps families who are caring for older relatives.”

#### Why are Constellation GCMs different?

Constellation GCMs are certified professionals with a strong health care background, most often in nursing or social work, backed by significant work experience.

#### How do GCMs help their clients?

The GCM serves as a personal guide for the client and family to navigate a complex health care system and develop short and long term plans based on the client’s needs and family concerns.

Our goal is to assist our clients and families to achieve peace of mind and confidence in the future. We accomplish that by always being proactive - focusing on planned transitions over the client’s lifetime - instead of merely reacting to situations and events.

#### What is a comprehensive assessment?

A comprehensive assessment is a full evaluation of the client’s physical and mental health; social needs; finances; legal circumstances and any other client or family concerns.

Call 800.860.6656  
for a complimentary  
telephone assessment.

## SERVICES

### Living Fully - every day.

Geriatric Care Management services range from a one-time comprehensive assessment to regular planned contact with the client/family.

#### Individual Care Management services may involve a combination of:

- Comprehensive assessment
- Plan of care development for current and future needs: social, housing, health care and financial
- Coordination of care with other services
- Evaluation of alternate care
- Referral and liaison relationships
- Supportive counseling to clients and families
- Provision of regular visits to the client - at home, in assisted living or nursing home
- Communication updates to busy families
- Identification of medical and social issues and response to emergency situations
- Assistance with insurance documentation, Medicaid applications, bill paying
- Escort to physician appointments

*Services are provided on a fee for service basis.*

Ideally, the GCM should be in regular communication with the client to maintain awareness of the client’s current status. This way, appropriate action can be taken when and if unforeseen situations or events occur.

## WE’VE GOT YOU COVERED

### Maximizing Independence

Clients have access to a wide variety of support services enabling them to live as independently and safely as possible, in the least restrictive setting.

The Constellation Geriatric Care Management program is a part of Constellation Private Duty LLC. Therefore, clients have access to support services in the home, such as:

- Hourly or live-in certified care assistants for personal care
- Companions and homemakers who provide transportation to errands and appointments, light housekeeping, meal preparation and an array of other services
- A Memory Wellness Program for clients with Alzheimer’s or other dementias
- Our certified home care agency for skilled nursing services and specialty programs covered by Medicare and several private insurances



Visit [www.constellationhs.com](http://www.constellationhs.com)  
for more information.